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# *The View*

## *from Vantage Point East*

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## Property Manager's Corner

The coronavirus pandemic has temporarily altered our everyday living. Here are a few reminders:

- Please note that use of the Community Room will continue to be restricted until further notice. This means that we will not be issuing the monthly activities calendar for April. You will be notified as soon as the restriction is lifted, and a calendar will be issued at that time.
- You are encouraged to continue practicing social distancing and good hygiene by going out only when necessary, staying 6 ft. apart from others, washing your hands and avoid touching your face.
- Look after your mental wellbeing – these times can be very stressful which can take a

toll on your mental health. Consider taking breaks from watching or reading the news about the pandemic as it can be upsetting. Make sure you also keep in touch with friends and family. This may also be a good time to check on your neighbor. A friendly phone call can help break a sense of isolation and routine.

- Be conscientious with your pets. Please remember that not all are pet lovers. Try to maintain your dog close by and prevent them from sniffing, licking or touching others unless you have their consent.

I am very grateful that all residents are taking this issue seriously and are doing their part. Although it may feel like we're apart, we are all in this together.

Stay healthy and safe.

—Cris Juarez

## February Board Actions

The Board approved:

- waiving the late fee for unit 106 as the payment was lost in the mail and not processed for two weeks.
- the request to park a U-Haul overnight from February 29, 2020 to March 4, 2020 before a move into unit 709.
- minor revisions to Administration Resolution #12—Processing Insurance Claims effective February 27, 2020.
- Rees Broome Invoice in the amount of \$1,505.00 to prepare the form contract addendum for material contract agreements. Funds to come from the Legal Consulting Account.
- LWMC payment of the Insurance Claim invoice in the amount of \$1,923.98 for water mitigation and repairs for unit 715. Funds to come from Insurance Deductible Account.
- to request reimbursement from the unit owner 715 for the Insurance Deductible totaling \$1,923.98.
- to appoint the following member to the Building and Grounds Committee for 2020: Cheryl Fleming
- to purchase a new TV for the Community Room at an expense that does not exceed \$1,500 plus applicable taxes. Funds to come from Contingency Reserves Account.
- to extend the current Schindler Elevator contract through December 31, 2020.
- to hold a Town Hall Meeting on Wednesday, March 25, 2020 at 7:00 p.m. in the Community Room. (*Ed. Cancelled*)

—Ann Ferren, Secretary

Please let the **VPE Sunshine Committee** know of any ill, bereaved or new residents who should be acknowledged. Call Marilyn Jordan (301) 598-0174 or Barbara Eisen (301) 598-8658.

## President's Message

Dear Neighbor,

We are living in an unprecedented time. In less than one or two weeks, we've gone from conducting our regular daily routines to conducting social distancing and basically sheltering in place. We are left to wonder how much longer this situation will go on. We are all concerned about the health of ourselves and our loved ones.

Over the last few days, we have informed you of the steps we have taken in the building and have made recommendations to you to keep this infection away from our residents.

But in the end, it is up to you to keep yourself safe. Staying home is the best solution and away from others as suggested by all. As this is your home, it is you who invite friends, family and support persons into the building at your request. This is the major risk to you and your neighbors.

We are committed to keep you informed as to the state of the restrictions in the wider community, Leisure World and at VPE. We will continue to put fliers under your door and if need be, use the Robo call phone system to keep you informed.

Stay healthy and safe.

—Henry Jordan



Marvin Wolf and Henry Jordan take a break after installing VPE's 75" Samsung Premium UHD TV.

—Photo by Fred Shapiro



# COVID-19 Resources

Leisure World Social Workers have a list of community volunteers who can help you place online orders, grocery shop, pick-up prescriptions and make wellness phone calls. If you or a neighbor may need assistance please call (301) 598-1581.



## MEDICAL SUPPLY/HOME CARE

Family and Nursing Care .....(301) 588-8200  
 Jessa Medical Supplies.....(301) 990-8706  
 Olney Medical Supply Center.....(301) 774-8200  
 The Scooter Shop.....(877) 224-2294



## CRISIS SERVICES

Leisure World Social Services.....(301) 598-1581  
 Montgomery County.....(240) 777-3000  
 Aging and Disability  
 Montgomery .....(240) 777-4000  
 County Crisis Center  
 Catholic Charities, Silver Spring.....(301) 942-1790  
 Montgomery County.....311  
 Government Services



## FOOD SERVICES

### Local Restaurant Delivery

Angelos.....(301) 929-1980  
 China King.....(301) 871-7999  
 Hunan Delight.....(301) 774-7944  
 Leisure World Terrace Room .....(301) 598-1330  
 Ledo's Pizza.....(240) 560-6354 (\$20 min)

### Restaurant Delivery Services

Door Dash.....doordash.com  
 Grubhub .....grubhub.com  
 Postmates.....postmates.com  
 Uber Eats.....ubereats.com

### Meal Delivery by Mail

Chef Jess.....(202) 753-2662, chef-jess.com  
 Fresh n' Lean.....(888) 420-4080, freshnlean.com  
 Freshly .....(844) 373-7459, freshly.com  
 Nourish Food.....(205) 708-3973

### Low Cost Meal Services

Jewish Social Service .....(301) 816-2639  
 Kosher Meals on Wheels  
 Leisure World Terrace Room .....(301) 598-1330  
 Meals on Wheels .....(443) 573-0920  
 of Central Maryland  
 Meals on Wheels of Wheaton.....(301) 942-1111  
 MOM's Meals.....(877) 508-6667, momsmeals.com

### Grocery Delivery

Instacart.....(888) 246-7822, Instacart.com  
 MOW Grocery Shopping Service.....(443) 573-0933  
 Moti's Market (Kosher).....(301) 468-0400  
 Peapod.....(800) 573-2763, Peapod.com  
 Shalom Marker (Kosher).....(301) 946-6500 (thru April 16)  
 Telegrocers.....(888) 902-7467

## Demanding Voices

I am behind the times and feel a bit befuddled. First it was a person walking behind me suddenly speaking loudly. As I remember, I saw that it was his cell phone he addressed, not me. Looking about, I saw a large number of folks staring at their hands as they walked, completely oblivious to their surroundings. All are slaves of computer chips in their phones. Then came riding next to my daughter as she drove. She stopped at a safe spot, leaned over toward the dashboard and shouted, "Call Elliott at Home!" The speakers blasted the entire transaction for all to hear. Just a banal wife-to-husband call, thanks to computer chip wizards, the programmers who actually wrote the programs. Yes, they know the code.

Before we knew of cell phones does anyone remember the TV ads for table lamp clap switches (The Clapper)? They were fine if you were empty handed. The wizardry again is in a chip in the lamp. It didn't stop there. They mastered the art of **voice recognition**. As in my daughter's phone call.

Mysterious recent airplane crashes brought attention to Boeing. They had made simple corrections to major design changes by using computer controls to assist pilot controls. The pilots in the USA are trained how to use the new way; they do work safely. Computer magic.

I suspect that some of you now indulge in demanding obedience to your commands through voice control devices. Feel proud that you are preserving a memory of ancient wizardry. *What is he talking about?*

Does anyone remember the tale of **Aladdin** as he stood at the doors of Ali Baba's cave? The dawn of voice recognition – "**Open Sesame!**"

–Bernard Patlen



## Activities Committee Events for April 2020 Staying Safe



Try some of these activities. Take a walk to see all the flowers. Do your spring cleaning. Telephone friends and neighbors to find out how they are doing. Play a game of solitaire. Look at [artsandculture.google.com](https://artsandculture.google.com) for a virtual tour of museums. Finish the whole *Washington Post*. Order lunch or dinner from the Terrace Room (301-598-1330) for delivery between 11 a.m. and 7 p.m. Find a book in the VPE Library to read. Catch up on your Netflix serials. Call a person you have not seen in years. Meditate.

–Barbara Eisen for the Activities Committee  
Cynthia Snyder, Co-Chair



Barbara Halperin and Janeice Cohen have a discussion while practicing good social distancing!

–Photo by Fred Shapiro



# Spring Awakening in Leisure World



Daffodils at VPE

—Photo by Fred Shapiro



More flowers in Leisure World.

—Photos provided by Suzie Offit and Gloria Brown



## Who Would'a Thought? Birth of A Pet Bereavement Group!

My Mother grew up in Hungary during World War I. Food was scarce and had to be guarded and protected. Dogs and cats were considered to be food stealers, therefore my Mother's attitude toward pets was quite negative. At the age of 16 she came to the United States, specifically to Brooklyn, NY. Within a few years she married the man who was to be my father and they created a family. First, I came along followed by a brother 2 years later. Both my brother and I wanted a dog or a cat. As expected, this did not go over well with my Mother. She did compromise by allowing us to have fish, birds, turtles and small lizards. Our next-door neighbor bred the most adorable cocker spaniel puppies, and the neighbor one house down from him rescued any cat who would seem to be homeless. I was so jealous! No pleading would work.

Several years went by, I married, we had three daughters, and we did get a cat. But our daughters wanted a dog! My husband was afraid of dogs, so adopting one was not on his agenda. The children persisted. When our middle daughter turned 6 years old, she was swimming in our local pool and stepped on a sharp stone requiring several stitches and received doctor's orders not to swim for the rest of the summer. She was devastated as she loved the water. To placate her, my husband promised that we would get a dog. There was no turning back now! The puppy lived with us until she passed away at the age of fifteen.

During this time I went to social work school and became a clinical social worker. The jobs I held centered around the areas of trauma and addiction. Both areas deal with grief and loss. Dogs and cats were always a strong part of my life. After 25 years I retired and got bored. A close friend of mine was on the Board of an organization called PAL (People Animals Love), who needed a mental health trained volunteer to talk on the telephone to folks whose pets had died or were in the process of dying. I did that for 2 years when a member of PAL had a dog she loved die. She promised her dog that she would create a bereavement group for animal loss. Guess who was asked to be the mental health leader of the group! You're right!

It's been a long road from World War I to 2020. I am engaged in getting this group up and running. We hold our meetings on the second Sat-

## Terrace Room and Stein Room Expand Delivery and Carry Out

Hi everyone,

We would like to sincerely thank all of you who have ordered delivery and carry out from us over the past few days. Your support has been tremendous. Also, we will be adding a few new items to our menu over the coming days! An updated menu will be included in the next few days!

We are here TODAY to take your orders. Also, if you pay with a card over the phone, our delivery drivers will simply knock on your door and leave your food in order to comply with suggested distancing. Stay healthy everyone!

We aim to be here every day during this difficult time for delivery and carryout daily from 11 a.m. until 7 p.m.. 301-598-1330 to place your order.

These links will lead you to the delivery and carry out menu:

<http://residents.lwmc.com/ResourceCenter/42227~747337~2729646/Available-03212020-Stein-and>

or

[http://residents.lwmc.com/ResourceCenter/Download/42227/20200321%20menudelivery?doc\\_id=2729646&print=1&view=1](http://residents.lwmc.com/ResourceCenter/Download/42227/20200321%20menudelivery?doc_id=2729646&print=1&view=1)

Stop by or call 301-598-1330 and get a discounted Gift Card for use when this situation passes and everyone is going crazy with Cabin Fever!

I hope you all understand and will continue to support us through this global health crisis and be back in full force once the situation has improved.

Hope to see you all today.

Many Thanks.

Ed and Bobby

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urday morning each month at the Davis Library in Bethesda, at 10:30 a.m. There is no charge to attend. If you are hurting from the loss, or imminent loss, of your pet (all kinds, from fish to horses) you are welcome! Please come!

—Carol Hendler

## *On the Lighter Side...* **Coffee, Tea or Soy?**

Going food shopping used to be so simple. Now it can easily turn into a 2-hour trek. Of course, I'm wearing my reading glasses in order to see the very fine print at the bottom of the cans, packages and boxes. Many times, I'm not quite sure whether the ingredients listed are safe or lethal.

Recently I made an interesting discovery in the dairy case. I noticed there were non-dairy milk, non-dairy cheese and margarine by the brand name "I Can't Believe It's Not Butter." The same company added a new off-brand, "Is It Butter?"

Have you noticed the introduction recently of a squeeze bottle that dispenses blue margarine? Try some on your mashed potatoes and tell me what you think about it. Bright green catsup seems to be another hit with the younger set. Have you seen them squeeze it out of its dispenser on their hamburgers? Do you think YOU could eat a green hamburger? I believe that would send some of us quickly to the ER even if it were mind over matter.

As I'm rushing up and down the aisles, I try for low fat, high fiber, low carbohydrates and dark leafy vegetables.

Finally, quite exhausted, I come to a sudden halt in front of the frozen food cases. Right next to each other, almost touching, are the frozen vegetables on the left and the cartons of ice cream on the right. WOW! For a couple minutes, I become frozen in time.

It seems like forever until I decide between the vitamin-packed Brussels sprouts and the SINFUL "death by chocolate" flavor ice cream!

By the way, at times, I think "us seniors" should NOT eat healthy foods because we certainly need all the preservatives that we can get!

**—Zena Stoller**

## **Sailboating in Leisure World**



**—Photos by Bob Gallagher**



### COMMITTEE/BOARD MEETINGS

Notices will be posted or members called when committee meetings are able to resume.

**Stay safe!**



## Important!

All electronic submissions for *The View* should be sent to:

**lenirenesil@comcast.net**  
and  
**tom@mcgrathusa.net**

Submitting to any other email chances that your article will not be considered for publication.

## Enhancements to Leisure World Trust Properties

Have you ever wondered how an individual or committee with an idea for an enhancement to the LW community might begin to make it a reality? To make the process of proposing projects manageable, the Community Planning Advisory Committee (CPAC) is developing guidelines for proposals and will soon issue a call for new projects so that all ideas can be considered at once using the same decision criteria. CPAC is responsible for reviewing and recommending projects funded from the resales fund to be considered by the LW Board. This is similar to the process from 2015-2019 that identified the need for significant upgrades to the restaurants, Crystal Ballroom, and meeting rooms in Club House I and the Fitness Center and Ping Pong room in Club House II. Two other projects on that original list, the new Administration Building and the Golf Course, are underway. Watch for an announcement in the LW News and attend the relevant Advisory Committee to share your ideas. CPAC is committed to ensuring that Leisure World Trust properties are continuously upgraded and enhanced to serve changing needs of the community.

**—Ann Ferren**



A hawkish resident of Leisure World keeps his good social distance!

**—Photo by Bob Gallagher**

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